## REGISTRATION FORM

To be sent back to the following address: SCMT appt 48, 9-13 rue Srebrenica, 75020 Paris $0143711519-0630191639$
email: france@srichinmoyraces.org
SURNAME $\qquad$
First Name $\qquad$
Address $\qquad$

Postal Code $\qquad$ City $\qquad$
Sex F H $\square$ Nationality $\qquad$
Date of birth $\qquad$
Age on race day $\qquad$

Tel $\qquad$
Email $\qquad$
Club $\qquad$

Copy of a medical certificate in French stating that there are no contraindication to running in competitive race, dated from less than one year ago must be provided on the day of the race.
$\square 2$ miles
50 km $\square 100 \mathrm{~km}$

Date of race $\qquad$
Signature

Sri Chinmoy
WE HAVE ORGANIZED RACES IN PARIS SINCE 1981 AND WORLDWIDE SINCE 1977

The Sri Chinmoy Marathon Team (SCMT) organizes many ultras in Europe: 50 and 100 km in Perth in Scotland, 6 hours in Amsterdam and 24 hours on track in London. The world's longest running races take place in New York, with a 6 and 10-day race in April and a 3100-mile run from mid-June to early August. Since 2002, a marathon has been organized every year around the beautiful Rockland Lake in the suburbs of New York.
In France, 2018 marks the $29^{\text {th }}$ edition of the 100 km . In 1992 Denis Gack set the record of 7h13'20' for the 100km, and in 1991 Huguette Jouault, the 5 time French champion of the 100 km , set the record for women with a time of 8h14'59'. In 2012, Emmanuel and Anne-Cécile Fontaine beat the records in the 50 km for men and women with the respective times of $3 \mathrm{~h} 38^{\prime} 46^{\prime \prime}$ and 4h20'44'. Anne-Cécile Fontaine is the two-time French Champion of the 100km and two-time World Champion of the 24 Hour race.

The 2 mile races are organized in many countries by the SCMT. The best time, 8'25 " was set in Russia by Andrey Lofinov in 1997. In Paris, these races have been held since 1985. The best time of 9'42' was set in 2008 by Laid Bessou.

For further information and registration, do not hesitate to contact us by email, phone, on our website, or come to one of our races.

The SCMT Team

> "The determination in your heroic effort will permeate your mind and heart even after your success or failure is long forgotten."


2 miles - 50 km - 100 km RACES SRI CHINMOY Paris 2020

## fr.srichinmoyraces.org

## Bois de Vincennes


france@srichinmoyraces.org

We suggest that you make a copy of the registration form so that you may have the rest of the brochure information.


## One Sunday morning each month

## 2 MILES $_{3,218 \mathrm{~km}}$

## START TIME at 10 am

| 26 january | 17 may | 13 september |
| :--- | :--- | :--- |
| 16 february | 7 june | 18 october |
| 29 march | 26 july | 1er november |
| 26 april | 9 august | 6 december |

ACCESS : Metro station Château de Vincennes Line 1.
Exit at the front of the station, continue for 400 m along Avenue de Nogent.

RDV to Bois de Vincennes, corners of Avenue de Nogent and Grand Maréchal.

REGISTRATION : No registration on site.
3€ payable in advance online on our website
fr.srichinmoyraces.org
The fee for one year/12 races is $18 €$ or
Counterfoil book of 10 races at $25 €$, only online.
BIB NUMBER provided at the race from 9 h 15 to 9 h 45
RACE COURSE : A distance of $3,218 \mathrm{~m}$, on 2 loops, flat varied, $70 \%$ paved, $30 \%$ trail, pleasant and wooded.
COUNTING : warmly assured for each runner. Time announced at each turn by the counter. Encouragement at each round.

AWARDS : 1st of each category, certificates for all.

Please do not throw trash on the public roads.

All commitments are considered firm and final and shall not give rise to a refund in the event of nonparticipation.

## SUNDAY 21 JUNE 2020

## 50 km

$15^{\text {th }}$ edition

## START at 11 noon limited to 6 pm.

REGISTRATION until 30 april (consult the fee at the site)

- by credit card online on our website
fr.srichinmoyraces.org or by check payable to SCMT along with the registration form - until April 30.
From May $1^{\text {st }}$, (tarfi sur le site)
by credit card online on our website
fr.srichinmoyraces.org - at the latest on Thursday 18 June evening, or by check payable to SCMT along with the registration form before June $15^{\text {nd }}$. Otherwise, the fee is payable on the day of the race with a surcharge of $5 €$.
BIB NUMBER : provided in the morning from 10 am for the 50 km and up to 15 minutes before the race.


## $100 \mathrm{~km} 31^{\text {th }}$ edition

## START at 8 am limited to 9 pm

REGISTRATION until 30 april (consult the fee at the site)

- by credit card online on our website
fr.srichinmoyraces.org or by check payable to SCMT along with the registration form - until April 30.

From May $\mathbf{1}^{\text {st }}$, (tarif sur le site)
by credit card online on our website
fr.srichinmoyraces.org- at the latest on Thursday 18 June evening, or by check payable to SCMT along with the registration form before June $15^{\text {nd }}$. Otherwise, the fee is payable on the day of the race with a surcharge of $5 €$.
BIB NUMBER : provided in the morning from 7 am for the 100 km and up to 15 minutes before the race.

RACE COURSE : Circuit of 1610 m , flat, varied, paved, pleasant and wooded.
COUNTING : warmly assured for each runner until 9 pm . Time on clock every turn and announced by the counter.
AID STATION : every turn: water, energy drink, fresh fruit and dried fruit etc. The accompaniment of runners can only be done between the counting table and the Aid Station.

SERVICES : cloakroom, toilets, medical service, aid station, registration and counting tables.
AWARDS : trophies for 1 in each category, certificate and meal for all runners.

## ACCESS TO BOIS DE VINCENNES

- On foot: Metro station Château de Vincennes on Line 1. Exit at the end of the train, straight ahead, $1^{\text {st }}$ left on Av. Carnot, cross Av. des Minimes and turn right on Av. Daumesnil, then left on Av. du Polygone, follow signs.
- By car: from Paris, take the Boulevard Périphérique Est and exit at Porte de Vincennes. Head in the direction of St Mandé-Vincennes via Avenue de Gallieni and then proceed to Avenue de Paris. Before the Château de Vincennes, turn right on Avenue Carnot. Turn left on D237 and shortly thereafter turn right on Avenue Daumesnil. Take the first left on Avenue Polygone until the end. Parking is available before the roundabout. Continue on foot 300 m into the woods. Follow the signs. Meet at the corners of Route de la Tourelle and Route St Louis.

